# THE ST. ELIZABETH NEWS

## A loving Community of Orthodox Christians

St. Elizabeth Orthodox Mission Church 2265 E. Cherokee Drive Woodstock, GA 30188

A parish of the American Carpatho-Russian Orthodox Diocese Ecumenical Patriarchate of Constantinople

Ruling Hierarch: His Eminence Metropolitan Gregory of Nyssa



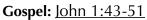
Reverend Father Matthew Dutko Pastor/Administrator Father Deacon Steven Hanes

**Phone:** 404-268-6359 **Email:** <u>fatherdutko@gmail.com</u> www.stelizabethga.org



#### **1st Sunday of Great Lent**

**Epistle:** Hebrews 11:24-30-12:1-2







Christ is among us! He is and always shall be!
Welcome to St. Elizabeth Orthodox Church and thank
you for celebrating the Divine Liturgy with us!! What a
joy it is to be together in God's House. If you have
never been to an Orthodox Church before, you are
about to participate in the Divine Liturgy. The Liturgy is
the work of the people and that means that all of your
prayers are necessary and you have a job to do this
morning! We hope you will stay and join us for coffee
hour in the atrium. Please feel free to ask Fr. Matthew
any questions you might have! May God's blessing be
with all of you!

#### This Week's Music...

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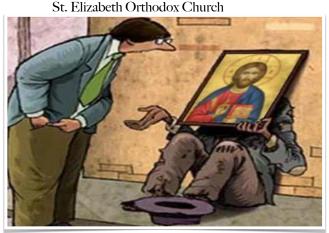
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## Christ is Among us!



Sunday of Orthodoxy



Sunday 03/24 10 am- Divine Liturgy followed by Special Meeting on Building Projects

**Great Vespers at Annunciation Greek** Orthodox Cathedral in Atlanta -5 pm- Great Vespers: for the Annunciation & The Sunday of Orthodoxy

Monday 3/25 9 am- Divine Liturgy for the Feast of the Annunciation

10 am- Halupki Cabbage Steaming

Tuesday 3/26 9 am- Halupki Rolling

Wednesday 3/27 5:15-6:15- Presanctified Liturgy

6:15-7:15- Adult Catechism Class

Friday 03/29 9 am- Presanctified Liturgy

**3-7 pm-** Food Sale Pick Ups

Saturday 03/30 8:30 am- Divine Liturgy

**11:30 am - 3:30 pm** -Food Sale Pick Ups

**Sunday 3/31 10 am-** Divine Liturgy

Tuesday 4/02 9 am- Presanctified Liturgy

Wednesday 4/03- No Adult Catechism Class

Sunday 4/07 10 am- Deacons Service - Homily

from Seminarian Alex Hursteller

Wednesday 4/10 5:15-6:15- Presanctified Liturgy

6:15-7:15- Adult Catechism Class

Friday 4/12 5:30 pm- Presanctified Liturgy

Saturday 4/13 9 am- Divine Liturgy

**4pm-** Great Vespers

Sunday 4/14 10 am- Divine Liturgy

#### Divine Liturgy of St. Basil the Great

using the Blue Pew Book

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Holy Communion is reserved for Orthodox Christians who havre properly prepared themselves, non-Orthodox visitors and inquirers are invited to come forward at the endif the

#### The Prayer of Saint Ephraim: Laying Aside our Earthly Cares in Great Lent

As we travel on the journey of Great Lent, we are reminded of the power and significance of prayer in guiding our hearts and minds towards God. Among the many treasures of our liturgical tradition is the timeless prayer of Saint Ephraim the Syrian, a prayer that encapsulates the spirit of repentance, humility, and spiritual transformation.

Saint Ephraim was born in the fourth century in Nisibis, in present-day Turkey and is revered as one of the greatest hymnographers and theologians of the early Church. His profound spiritual insights and poetic compositions continue to inspire and guide believers across centuries.

The prayer attributed to Saint Ephraim, which we recite during Great Lent, is a powerful plea for divine grace and guidance. It serves as a spiritual roadmap, urging us to relinquish the vices and earthly concerns that hinder our relationship with God. In place of those sins, Saint Ephraim's prayers encourages us to call upon God to embrace virtues that align us with His Holy will.



The history of this prayer is deeply rooted in the monastic

tradition of the Church. It is said that Saint Ephraim himself would recite this prayer daily as part of his ascetic discipline, seeking purification of heart and mind. Over time, it became incorporated into the Lenten services of the Church, serving as a focal point for repentance and spiritual growth.

What makes this prayer particularly relevant during Great Lent? In the fasting season, we are called to intensify our efforts in prayer, fasting, and almsgiving, as we journey towards the celebration of Pascha, the Resurrection of Christ. The prayer of Saint Ephraim becomes a beacon of light amidst the spiritual struggles we face. It reminds us to humble ourselves before God, acknowledging our weaknesses and seeking His mercy and guidance.

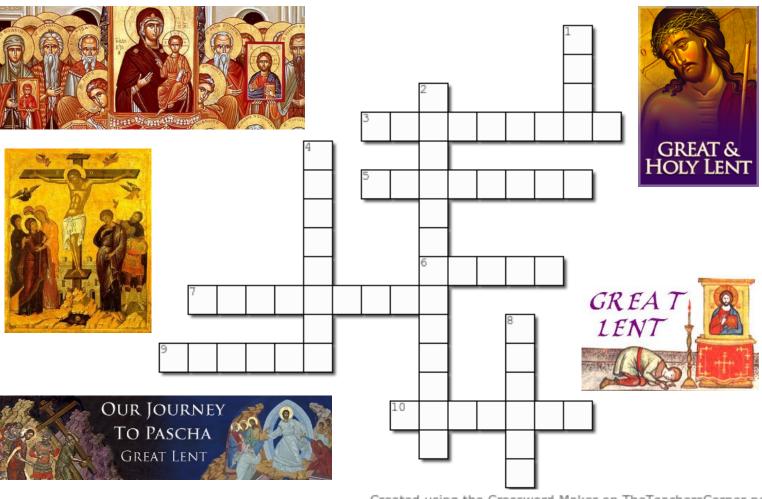
Each line of the prayer addresses a fundamental aspect of the spiritual life. We implore the Lord to free us from the grip of laziness, despair, lust for power, and idle chatter – all of which distract us from our pursuit of holiness. In their place, we ask for the virtues of purity, humility, patience, and love, virtues that adorn the soul and draw us closer to God.

Moreover, the prayer calls us to introspection and self-awareness. We are called to examine our own sins before presuming to judge others, recognizing our shared humanity and need for God's mercy. In this way, the prayer fosters a spirit of compassion and reconciliation within the community of believers.

As we continue our Lenten journey, the Church instructs us to commit ourselves wholeheartedly to the prayer of Saint Ephraim. In this season of repentance, we should say this prayer with sincerity fervor, and faith. Allow the words of this ancient prayer to penetrate your hearts and by the Grace of God, transform your life. Lent is the time to be renewed in spirit, and made ready to embrace the joy of Christ's resurrection with our hearts purified and minds illumined by the grace of God. The prayer of Saint Ephraim is a powerful guide and tool for us to use as we travel to the Cross and the Empty Tomb.

3, 3

# **Sunday of Orthodoxy and Lent Crossword**



#### <u>Across</u>

3.	Icon	s a	re	ver	nei	rated,	no	t		
_		40		-					 	

- In 843 AD in a great procession, the icons were to their proper place in the Church.
- Throughout Lent we draw closer and closer to the \_\_\_\_\_ and ultimately the empty Tomb.
- 7. Someone who rejects and destroys Icons is an......
- God forgives us as we forgive \_\_\_\_\_\_.
- The \_\_\_\_\_ Ecumenical Council dealt primarily with the controversy over the use of icons.

#### Created using the Crossword Maker on TheTeachersCorner.net

#### Down

<ol><li>Durir</li></ol>	g Lent we should pray, fast, & give often
2. The	Liturgy is given to us on
certain	weeknights during Lent to give us strength on our
Lenten	Journey.

- St. John of \_\_\_\_\_ famously wrote many writings in defense of the Holy Icons.
- 8. Repentance is more than being sorry, it means that we



Saint Elizabeth Orthodox Church

# SPRINGTIME

Lenten &

**Easter** 

# FCODSALE Pickup's on select Fridays & Saturdays



#### ST. ELIZABETH ORTHODOX CHURCH

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Fr. Matthew Dutko Pastor/Administrator www.stelizabethga.org



Dear Parish Family of St. Elizabeth's,

As we approach the close of our Easter food sales, I would like to take a moment to extend my deepest gratitude to each and every one of you for your dedication and hard work over the past few months. Your commitment to our community and tireless efforts have truly made a difference. Your service to Christ and His Church helps us grow our ministries and share the richness of Orthodoxy with our local community.

Our Easter food sales have been a great success, thanks to the efforts of all involved. Your support has not only helped us raise funds for our church but has also brought our community closer together in fellowship and service.

As we prepare to fulfill the remaining orders this Friday and Saturday, I am reaching out to you once again, seeking your assistance. We are in need of volunteers to help with the packaging and delivery of orders this weekend. Your contribution, whether big or small, will make a significant impact and ensure the smooth operation of this final phase.

Additionally, I understand that not everyone may be able to volunteer their time physically. However, if you would still like to contribute, I kindly ask for your consideration in making a special donation to offset the rising costs of ingredients and supplies. The current economic climate has presented challenges, and any extra support will help us meet our fundraising goal faster, enabling us to continue our special projects and improvements to our beautiful church facility.

Your generosity and support are invaluable, and we are incredibly grateful for your ongoing commitment and support of St. Elizabeth's. Together, by God's blessing, we can accomplish great things and strengthen our community for generations to come.

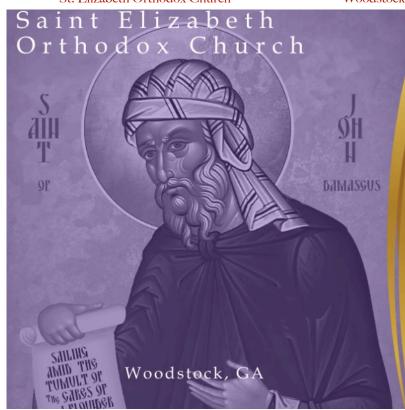
If you are available to volunteer or would like to make a donation, please do not hesitate to reach out to Fr. Matthew with any questions or concerns. The next page of the bulletin has a list of items that your donation can cover the cost of.

Thank you once again for your dedication, hard work, generosity, and your prayers. May this Lenten season bring you and your loved one's abundant blessings and joy as we prepare for the great day of the Resurrection of our Lord.

With love in Christ,

Fr. Matthew Dutko





"Through the icons of Christ and the saints, we are brought to a knowledge of the truth...I do not worship matter, I worship the God of matter, who became matter for my sake and deigned to inhabit matter, who worked out my salvation through matter. I will not cease from honoring that matter which works for my salvation. I venerate it, though not as God."

-Saint John of Damascus

Become a Member of Saint Elizabeth's! www.stelizabethga.org

#### **Announcements:**

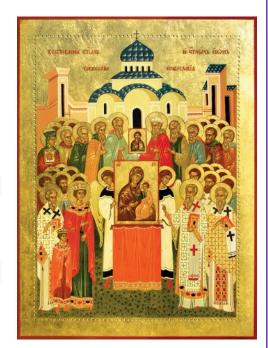
- Lent is Here!- This time of year is meant to prepare us for Great Lent, which is meant to prepare us for Holy Week, which is meant to prepare us for the Great Day of our Lord's Resurrection! It's time for us all to reflect and take our faith more seriously. Repent, for the Kingdom of Heaven is at hand!
- Coffee Hour During Lent- Make sure to prepare lenten, fasting appropriate dishes that are meat and dairy free. Every Sunday is potluck, so bring a dish, and don't forget to make an offering in the coffee hour area to cover coffee hour supplies!
- Sunday School Today Icon making project continued
- Pick Ups for Food Sales This Weekend!- 03/29 3-7 pm, and Saturday 03/30 11:30-3:30- Join with your parish family for this important effort for our community!
- Food Prep Monday and Tuesday this week!
- Want to help with food sale fundraiser but don't have the extra time? Consider making a special donation to offset the cost of ingredients and supplies!
- Sunday of Orthodoxy & Annunciation Vespers:-
- **Special Renovation Meeting Today 3/24:** This is a special meeting for the whole parish to discuss and approve a comprehensive plan for our growth and development of the physical Church property.
- Saint Elizabeth Magazine to be published in the Paschal Bulletin with articles written by you! All parishioners are encouraged to participate in this fruitful ministry. Write an article on anything related to the Orthodox Church and submit to Fr. Matthew for review and publication. Your article could be about theology, Church History, personal experience, parenting, spirituality, or really anything that would be appropriate in an Orthodox Magazine. Please consider writing an article during lent for everyone to enjoy on Pascha! The deadline to submit an article is Palm Sunday, April 28th.

#### Restoring the "Image" on the Sunday of Orthodoxy

In the Garden of Eden, Adam and Eve sinned and damaged their relationship with God, distorting the image of God within them. Since then, humanity has inherited the fallen state of the world and are in need of restoration. But how can we restore the image of God within us and become like Christ?

The Sunday of Orthodoxy is a powerful reminder of our call to restore the image of Christ within us. The word *icon* means image and as we remember the restoration of iconography in the Church, we should be inspired to restore the image of Christ within souls. The restoration of icons in the Church is a symbol of the restoration that must happen within us, as we seek to become more like Christ and restore His image within us.

Through the veneration of icons, we are given a "window to heaven" and connected with holiness that the images represent. In this way, Iconography aids us in rediscovering the beauty of the divine image within ourselves. As we gaze upon the icons of Christ, His Mother, and all the saints, we are reminded of their holy lives and their love



for God. As we see the beauty of Christ and His Saints, we are reminded that the holiness of the saints is the calling for all of us. We can learn from their examples and and be inspired to seek their virtues in our own lives.

The icons show us what we are meant to look like, free from sin, and allow us to envision the restoration of our true selves in Christ. As we venerate the icons, we are not merely admiring the physical material of the icon. We are acknowledging the spiritual reality that the icon represents. The reality that God descended the Heavens and became man to save us. Through the beauty of iconography, we are drawn closer to God and inspired to become more like Christ.

Saint John of Damascus wrote, "Through the icons of Christ and the saints, we are brought to a knowledge of the truth." This knowledge of the truth is not just an intellectual understanding, but a transformation of our hearts and souls. Through the beauty of iconography, we can experience the truth of God and be transformed by it.

But the transformation of our souls requires more than just the veneration of icons. We must live our lives in accordance with God's will and strive to overcome the passions and sins that damage our relationship with Him. As Saint Basil the Great wrote, "Man is a being who has fallen from the heavenly realm and so he cannot be healed simply by material means. He must be restored to health by means of the Spirit."

As we continue our journey through the Lenten season, use the beauty of Iconography to inspire you in your spiritual journey and be reminded of the divine image within you. Strive to live lives of holiness and repentance, constantly seeking the restoration of your soul and the renewal of your relationship with God. May the beauty of iconography inspire and guide us on this journey restoration, repentance, and transformation in Christ our God.

## **OUR JOURNEY TO PASCHA! 2024**

#### SUNDAYS

#### THEMES / GOSPEL READING

#### **HOW TO PARTICIPATE:**

Fast - Free Week **FEBRUARY 25th** 



TRIODION WEEKS

Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week MARCH 3rd



The Prodigal Son Returns! 1 Corinthians 6:12-20 Epistle:

Luke 15:11-32 Gospel:

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meatfare MARCH 10th FAREWELL TO MEAT TODAY



The Last Judgement

Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Cheesefare

MARCH 17th FAREWELL TO CHEESE TODAY Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY

Romans 13:11-14:4 Epistle: Gospel: Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent MARCH 24th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXY

Hebrews 11:24-26, 32-12:2 Epistle:

Gospel: John 1:43-51

2nd Sunday of Lent MARCH 31st



ST GREGORY PALAMAS

Epistle: Hebrews 1:10-2:3 Mark 2:1-12

Bring an icon to church for a procession.

Bring a prayer rope to be

blessed today!

Use it and pray the Jesus Prayer

each day this week.

3rd Sunday of Lent **APRIL 7th** 



Gospel:

VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHA! Hebrews 4:14-5:6 Epistle: Gospel: Mark 8:34-9:1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent APRIL 14th



ST JOHN of the LADDER

Epistle: Hebrews 6:13-20 Mark 9:17-31 Gospel:

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent APRIL 21st



ST MARY of EGYPT

Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!

APRIL 28th GREAT WEEK BEGINS GREAT AND HOLY WEEK

ENTRY OF OUR LORD INTO JERUSALEM

Philippians 4:4-9 Epistle: Gospel: John 12:1-18

GREAT AND HOLY FRIDAY

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY



JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR **ROYAL HOURS AND VESPERS SCHEDULE** 

Refrain from TV, Internet & Phones to honor Christ's Death.



**BRIGHT WEEK** 

**HOLY PASCHA! (CHRIST IS RISEN!)** 

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

#### Parish Family Prayer List

For the Health of: The Melnikoff Family, Pani Betty Jean Baranek, Fr. James Gleason, The Paccio Family, Kara, Joanna, James, Athanasia, Ethel, Tyler, Maria, Page Family, Dean, Margaret, Metropolitan Gregory and his family, David, Joseph, Maria Starcova, David & Paulette Novak, Suzette, Bob, David, Marilyn & family, Mark, Fr. Dcn. Stephen, Michelle, James, Rachel, Kate, Fr. Blaschak & Family, Larry, Alexandra, Tammy, Trahan & Skiba Family, The Hood Family, the Mileshko Family, the Blanar Family, Burt, Sandy, Stephanie, Mary, Tommy, Stephen, Emilia, Simon, Alisha, & Aaron Zak, the Puziculiks Family, Fr. Andy, Davina, & Alexandra, Stan, Fr. Dcn. Charlie & Family, Justin, Charlie, Herbert Schleining, Spencer, Julie, Anna, Galina & Family, Irinia & Family, Fr. Jim & Pani Kathy Dutko, Rick, Katlain, Elenor, Teddy, Mark, Robert & Cindy, Melissa, Ben, Anthony, Rachel, Christine, Cora, Rick, Michelle, Tim, Robert, The Kelemecz Family, Leonard, Leo, & the Olaru Family, Joanna Price, Kim, Isaiah, the Wells Family, Dave, Ashley & family, Mary, Tim, Andrew, Robert, Derrick, Michael, Eli, Ean, Ellie, Amber, Christopher, Deborah, Nick & Rosemary, Mike, Elaiane, Roy, Lin, Dave, Sarah, Gerorge, & Edward, Stephen, Caleb, Amelia, Simon, David, the Gdovin Family, the Rodgers Family, the Kundrat Family, Yvone, George, Amberly, & baby Stella, Jessie, Dexter, Julia, Dan, Cora, Gabriel, Ethan, Tripp, Rachel, Lilly, Emmie, Charlie, Michelle, Serge, Mark, Johnny, Yvette Christine, Johanna, Nicole, Caroline, Alexander, Kelly, Henery, & Benjamin

For the Departed: Evelyn & Boris Melnikoff+, Patricia+, James+, Stephen+, Anna+, Charles+, Robert+, Loraine+. Helen+, Lewis+, Jeane+, Vera+, George+, George+, Ernie+, Eddie+, Maria+, Carl+, Mark+, Barry+, Jospeh+, Phillip+, Jenny+, Peter+, Bryan+, Rebecca+, Fr. Paul+, Maria+, Fr. Hazuda+, George Smisko+, Helen Spanovich+, Bob+, Alma+, Bo+, Saddie+, Fr. William George+, Violet+, Fr. Kozar+, Benjamin+, John Haddad+, Fred & Helen Mileshko+, Anna+, Natalie+, Lilly+, Christine+, Anna+, Tamara+, Anastasia+, Yvonne+, John+, Betty+, Ada+, Peter+ & Wanda+, George+, Jerry+, Barb+ & Harry+, Beth+, Louise+, Nikolay+, David+, Fr. Michael+, Natalie+, Helen+, Ted+, Tom+, Mike+, Madeline+, Tim+, Fr. John Baranek, Reader Stephen+, Dean+, Fr. Larry+, Kris+, Wathen+, Pani Elenor+, Fr. Michael+, Sally+, David+, Gene+, Kenny+, Ava+, Fr. Tony Jospeh+ & Pani Patsy+, Anatoly+, Fr. Scott+, Steve+, Claudia+, Dave+, Fr. John Duranko, Michael+, Sarah Elizabeth+ Ester+, Julie+, +Michael+, +Joe, Mary+

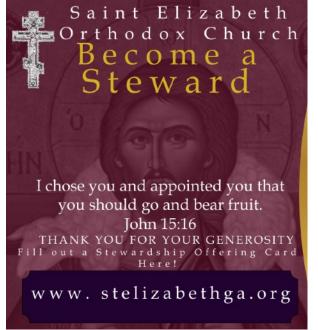
Through the prayers of the Birthgiver of God and Ever-Virgin Mary, St. Elizabeth, The Holy Fathers & Mothers, and all the Saints, may our Lord God and Saviour Jesus Christ have mercy on us and save us!

#### Holy Saint Elizabeth Pray for us!





#### Eternal Memory!



Keep Your Parish Family in Your Prayers!

Christ is Among us!

# Sunday of Orthodoxy March 24, 2024

Annunciation Cathedral 2500 Clairmont Road, N.E, Atlanta, GA

# Great Vespers for the Feast of the Annunciation at 5:00 pm

Reception to Follow



# **Guest Speaker** His Grace Bishop Neophytos

Called to Serve

#### New Bishop, New Diocese, New Challenges

His Grace Neophytos, the first Kenyan Bishop, serves the Diocese of Eldoret and Northern Kenya spanning over 50,250 squaremiles and is comprised of 60 parishes that are served by 53 priests, many traveling far from their village via motorcycle to minister to those in need.

His Grace is committed to establishing the bedrock of faith while simultaneously constructing the foundations of churches and schools, brick by brick; but such a task cannot be accomplished in isolation, it takes a village.

Simple tasks we take for granted such as running water, a safe kitchen to prepare food, and indoor dining facilities for school children are but dreams to his people. "Let us join hands to feed the hungry, clothe the naked, and provide water for the thirsty" states His Grace.



